Moving Medicine Forward

What More Doctors Should Know About Nutrition—and How It Can Save Your Life

Book author Dr. Michael Klaper felt frustrated treating patients with cardiovascular and other chronic diseases, knowing that medication was often the only option to slow symptom progression. Like many contemporary physicians, he overlooked the crucial role of nutrition: Diet influences every aspect of health, and common issues like high blood pressure, arterial blockages, and obesity can be improved with a plant-based diet.

Professionally Approved & Accepted

- CDR | Commission on Dietetic Registration: 25 CPEU
- CBDCE | Certification Board for Diabetes Care and Education: 25 CEU

Expiry: July 22, 2029

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